

# Mentorship Programme

- Mock interview
- Careers Prefects Association
- Objectives
- Preparation
- Difficulties
- Improvements

# Mock Interview



6月30日 (三)

要聞港聞

兩岸國際

財經

娛樂

副刊

男極圈

體育

時尚潮流

科技新知

名家專欄

保健·教育

守住！面試成功4個基本



上一則



下一則

## 守住！面試成功4個基本

誠意決定一切

有多年主考官經驗的香港城市大學商學院市場營銷學系特任講師譚桂常表示，面試要成功必須表現出誠意，因此事前不能毫無準備！「首先要確認面試時間、地點，事前擬訂交通路線，清楚了解接受面試的院校和學系，避免擺烏龍。第二步，建議大家翻閱課程手冊或瀏覽院校網頁，了解學系/學科的資料，包括課程內容、畢業生出路、相關行業發展等，並要特別注意不同院校於同一類科目之特色和差異。最後是搜集跟心儀學系有關的重要新聞、相關政府政策等資料。」

### Tips for Group Interview

愈來愈多主考者安排考生參加小組討論，目的是透過考生之間的互動，了解各人的溝通能力、親和力及價值觀。不想在討論過程中失分，謹記譚Sir提供的3大貼士！

# Preparation

Room	B101	B102	B103	B104
Field	<u>Engineering I</u>	<u>Engineering II</u>	<u>Pure Science</u>	<u>Architecture, Art &amp; Design</u>
interviewee (students)	4C梁子樂	5D黃世堯*	4D劉錦明	4C黃皓深
	4D區約禮	4C嚴文漳	5A戴栢源	5D黃皓霖
	5C葉智鴻	5C鍾澤墉	5D蔡澤豐	
	5D林皚峻	5D張俊彥	5D鍾朗融	
interviewer (alumni & parents)	楊俊華05	嚴俊彥05	李立民08	Choy Siu Kwan 01
	王彥博08	Cheung Kwai Leung	蘇文揚10	Tong Wai Hung
	李煒麟12	David Cheng (parent+ alumnus)	Lee Chapman 06	

# Application for S5 Joint School Mock Interview on 8 July 2017 at St. Louis School

Note:

- (1) Application deadline is 9 June 2017.
- (2) Enter your estimated academic performance (level 1 to 5\*\*) based on the results in your 2016-17 mid-year examination report card.

\*必填

Q1. School Name \*

- St. Louis School
- True Light Girls' College

Q2. English Name of Applicant (surname first) \*

e.g. Chan Tai Man, David

您的回答

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Q3. Chinese Name of Applicant \*

e.g. 陳大文

您的回答

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Q6. My Favourite Stream in Mock Interview (First preference) \*

選擇



Q7. My Favourite Stream in Mock Interview (Second preference) \*

選擇



Q8. Expected Level for Chinese Language \*

1 2 3 4 5 6 7

Level 1

Level 5\*\*

Q9. Expected Level for English Language \*

1 2 3 4 5 6 7

Level 1

Level 5\*\*

Q10. Expected Level for Mathematics \*

1 2 3 4 5 6 7

Level 1

Level 5\*\*

- Engineering
- Building Survey
- Architecture, Art & Design
- Pure Science
- Information Technology & Creative Media
- Medicine & Pharmacy
- Nursing**
- Chinese Medicine
- Optometry, Radiotherapy & Physiotherapy
- Social Science & Psychology
- Business & Administration
- Accounting
- Economics & Finance
- Law
- Translation, Languages & Journalism

## Q20. Two Major Internal Participations / Activities \*

e.g. Tennis Team (2013-14 Vice-captain), Drama Club (2011-14 Member)

您的回答

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## Q21. Two Major OEA Awards \*

e.g. Best Conduct Award (2011, 2012, 2013), National Geographic Awards Documentary Competition (2012 2nd runner-up)

您的回答

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## Q22. Two Major External Participations / Activities \*

e.g. ORBIS Flag selling (2010 participant), UNICEF Young Envoy Programme 2013 (2013 participant)

您的回答

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## Q23. My Choice in JUPAS ([www.jupas.edu.hk](http://www.jupas.edu.hk)) \*

e.g. CUHK (Anthropology)

您的回答

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## Q24. Personal Statement (NOT more than 500 words) \*

您的回答

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提交

# Student Information

- Stream of interest
- Current electives combination
- Current & expected academic results
- Extracurricular activities
- **CV & Personal statement**



# Matching

	Accounting (B101)	Engineering (B102)	BBA-01 (B103)	BBA-02 (B104)	Economics & Finance (B105)	IT & Creative Media (B201)	Translation, Languages & Journalism (B202)
Year of Graduation-01							
Mentor-01 Name							
Mobile-01							
Year of Graduation-02							
Mentor-02 Name							
Mobile-02							
Year of Graduation-03							
Mentor-03 Name							
Mobile-03							



EXIT 出口

閱讀  
靜修  
區

研習  
討論區

請選擇以下其中一項，以作討論。

Q1. 年輕人參與以下哪一項活動，對投身社會最有幫助？  
野外歷奇訓練 單獨長途旅行 馬拉松比賽

Q2. 你認為香港怎樣才算是我們的「美好家園」？

Q3. 你是否贊成用暴力來爭取社會公義？

Q4. 你認為香港的大學教育是否應該普及？為甚麼？

### Joint-School Mock Interview

Name of mentee : \_\_\_\_\_ (Class : \_\_\_\_\_ )

Appearance	Excellent				Weak
Dress code	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hair, glasses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Manner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Presentation	Excellent				Weak
Preparation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Content	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organization	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Articulation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Distinctiveness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attitude	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Response to questions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Part I : Group discussion score				/ 50	
Part II : Individual interview score				/ 50	
Overall Comments					
Total Score					
<div style="border: 1px solid black; width: 100px; height: 30px; margin: 0 auto;"></div>					

Room	B101	B102	B103	B104	B105	B201	B202	B203	B204
Field	Engineering I	Engineering II	Pure Science	Architecture, Art & Design	Translation, Languages & Journalism	Nursing I	Nursing II	Medicine & Pharmacy	Optometry, Radiotherapy & Physiotherapy
interviewee (students)	4C梁子樂	5D黃世堯*	4D劉錦明	4C黃皓深	5B古力河	4C王施學	5A田敏鋒	4C謝文飛	5C黃凱威
	4D區約禮	4C嚴文漳	5A戴栢源	5D黃皓霖	TL梁欣瞳	5C梁皓程	5C吳雨達	5D梁洪鈞	5D謝俊堅
	5C葉智鴻	5C鍾澤墉	5D蔡澤豐			5D謝子融	5D蔡曦泓	5D楊皓然	TL林樂晴
	5D林崑峻	5D張俊彥	5D鍾朗融			5D黃昱皓	5D梁家俊		
	5D余顯宗								
interviewer (alumni & parents)	楊俊華05	嚴俊彥05	李立民08	Choy Siu Kwan 01	Austin Chiu05	李思豪06	Lau Chun Chung	Dr Peter Chan	唐鈞軒14
	王彥博08	Cheung Kwai Leung	蘇文揚10	Tong Wai Hung	Cheung Wai Ming	Eva Ho	馮煒文12	Dr Henry Chan04	伍立舜05
	李焯麟12	David Cheng (parent+ alumnus)	Lee Chapman 06					Kwok Wing To 15	
							Simon Lau 02>>	Dr YC Wun	
Room	B301	B302	B303	B304(video)	C201	C202	C203	C204	
Field	Accounting	BBA I	BBA II	Social Science & Psychology	Social Work & Education I	Social Work & Education II	Hotel Management	Economic & Finance	
interviewee (students)	5C張均平	5C黎子竣	5C麥慶龍	4C呂旭皓	4C甘晉	5C馬浩星	4C曹殷祥*	4C劉卓賢	
	5C何家俊	5C黃睿立	5C胡沛樂	5D余韋潼	5C何東亮	5D陳俊丞	5D鄭仲凱	TL梁凱嵐	
	5C鄧偉愷	5D吳一鳴	4C王志遠	TL鍾曉敏	5D蔡高鏘	TL宋昭彤			
	5D黃熙業	TL李凱婷	TL鄭慧思	TL王珮殷					
	TL麥蕙滢	TL吳凱盈	TL楊磊						
interviewer (alumni & parents)	陳子傑05	Shirley Siu (parent)	Simon So (parent)	Ms Grace Lim (teacher)	*Dr Chow Chi Kin	Mr Cheung KH (teacher)	Ms. Psyche Ma* (friend)	陳嘉豪10	
	黃祈殷08	Anthony Wong 66	Ng Cheuk Hong Henry 08	謝殷正08	Bernard Tsui (parent+alumnus +teacher)	Wong Chi Ho (Social Worker) 01	Lo Ka Wing	Choy Siu Kong99	
					Mr Eric Lai (teacher)				

# Interview Rundown

- 08:45 – 09:00 Welcoming address
- 09:00 – 09:15 Preparation period for mentors
- 09:15 – 09:45 **Mock interview I** (group discussion)
- 09:45 – 11:15 **Mock interview II** (individual)
- 11:15 – 12:00 **Overall feedback**
- 12:00 – 01:30 **Lunch (GP room, group photo-taking)**







# Overall feedback



# Objectives

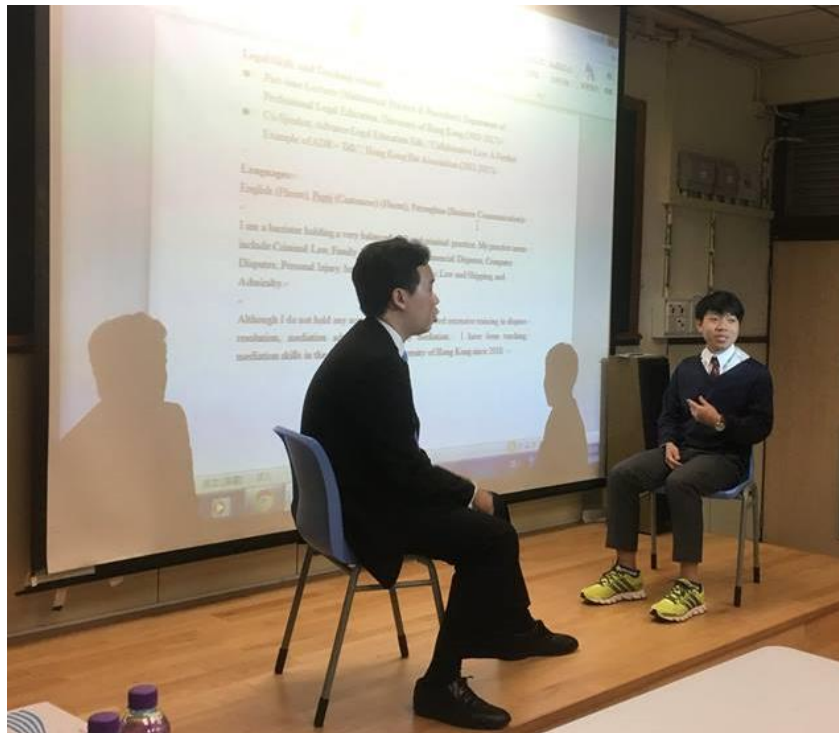
- Experience
- Strength and weakness
- Improvement
- Mentorship

# Difficulties

- CV & Personal statement
- Human resources
- Number of applicants

# Improvement

- CV writing workshop
- Careers Prefects Association



# Careers Prefects Association

- Awareness of careers and life planning
- Students core values
- Peer guidance

The Careers Prefect Association was established in 2016. It aims to train students how to organize and lead the activities for Careers and Life Planning (CLP) Programmes. Here were the committee members of the Careers Prefect Association.

Teacher Advisor : Mr. Chan Shui Leung, Anthony and Mr. Chan Chun Ket, Patrick

Chairman : 4D Chan Tin Nok, Chris

Vice Chairman : 5A Tang Ho Long

Committee members :	4A Kong Douglas	4C Cheng Ho Wang
	4C Lai Tsz Lam	4C Leung Tsz Fung
	4C Shum Man Lok	4C Mak Chun Kit
	4D Chan Chun Ho	4D Cheng Sung Ip
	4D Cheuk Yik Ho	4D Poon Cheuk Kit
	4D Suen King Pok Matthew	4D Tang Chun Man Chapman
	5B Tang Sek Tim	



Joint Clubs Exhibition  
on 29 Sep 2017



St Louis School 90th Anniversary Open Day  
on 11-12 Nov 2017



# Joint Clubs Exhibition



# Inter-class Careers Quiz Competition (S.5)



Which of the following is **not** the college or school of CityU?

- ✓ • A : College of Social Work
- B : College of Business
- C : School of Creative Media
- D : School of Energy and Environment



# How many **residential halls** are there at **HKU**?

- A : 6

- B : 8

- C : 10

- ✓ • D : 13

# Music Exchange with HHCKLA Buddhist Po Kwong School



## Schedule

### DAY 1

1:00	啟程(書包存放於生物實驗室)
3:45	到達貝澳營地
4:00	營地簡介及培訓重點
4:05	破冰活動
4:20	選組長、設計組名、口號
4:30	分派物資
5:00	營藝技巧及起營
5:30	晚膳(分組煮食)
7:30	黑夜獨行
9:00	解說及預告翌日事
12:00	關燈就寢



### DAY 2

07:30	梳洗
08:00	早餐(分組煮食)
09:00	檢查及歸還營具
10:30	水上歷奇(鮑思高一號)
1:00	午膳(食物包)
2:30	解散(聖類斯中學)

## Participants

### Teacher Advisors

*Mr. Chan Chun Ket, Patrick* 陳駿傑老師  
*Mr. Chan Shui Leung, Anthony* 陳瑞良老師

### Group A

A1	A2	A3
3A 高文軒#	4D 陳天諾#	4C 鄭皓泓#
3A 劉振鵬#	4D 鄭崇燁#	4C 黎梓霖@
3B 莊漢文@	4D 孫景博@	4C 沈文諾@

### Group B

B1	B2	B3
3D 陳俊熹#	4C 麥俊傑#	5A 鄧浩朗#
3D 何大熙#	4D 卓奕豪@	3D 楊逸豪@
4D 陳俊豪@	4D 潘焯傑@	3D 伍皓鵬@

煮食(#)及清潔(@)的分組安排

- A1+B2
- A2+A3
- B1+B3







我十分感謝聖類斯提供此機會給我，參加 CPA 舉行的一日一夜露營，挑戰自己，認識自己。

在水上歷奇活動，我學會了不要看小自己這個道理。我是一個肥的人，因此以為自己有很多東西都做不到。其中一個活動，我要在船的 1 樓，用木板走出船外。我自己知道自己平衡力很差，佔的面積很大及，甚至知道自己一定掉下海，但在同學鼓勵都走了出去。雖然我用了比其他同學多三倍的時間，但是我都不相信自己走了七成的路。可惜突然風一吹，我又有一剎那不集中，就失平衡，掉了下海。水十分冷，我獨自一人抓著水泡遊到船尾上船，後有人說我對木板失去信心，才掉了下去令我成為唯一一個在哪關卡掉下海的人，我有些不開心。但我相信自己已經做得很好及有同學鼓勵，因此第二個關卡(在二樓)再沒有掉下去。最後在高臺跳水證明了自己的勇氣給別自己看，在三樓跳了下去。跳水那一刻，一切榮辱都被拋諸腦後，我認為是值得的。

我很開心有很多同學支持我，諒解我。如果我再有機會參加類似的活動，我一定會做得更好。

# Difficulties

- Motivation

# Mentorship Programmes

- Mock interview
- Careers Prefects Association



# 與司局長同行

Be a **GOVERNMENT OFFICIAL** for a Day

## 參與證書

### Certificate of Participation

茲證明

This is to certify that

**何浚麒**

**HO Tsun Ki**

圓滿完成二零一八年度「與司局長同行」計劃  
satisfactorily completed the  
"Be a Government Official for a Day" Programme 2018



政務司司長張建宗, 大紫荊勳賢, GBS, JP  
Mr Matthew Cheung Kin-chung, GBM, GBS, JP  
Chief Secretary for Administration



扶貧委員會  
Commission on Poverty



- Thank you!